



## Behavioral Health Collaborative Meeting Minutes

December 8, 2022

8:30 a.m. – 10:00 a.m.

### BHC Members Present:

First Name:	Last Name:	Organization:
Nansi	Angelopoulos	DuPage Public Defender's Office
Sheryl	Bates	Linden Oaks
Molly	Beck Dean	WeGo Together for Kids
G. David	Bedney	N/A
Betsy	Boesch	DuPage County Health Department
Jarrett	Burton	Serenity House Counseling Services
Kathy	Carey	DuPage County Health Department
Lori	Carnahan	DuPage County Health Department
Victoria	Freier	Linden Oaks Behavioral Health
Jessica	Gul	Glen Ellyn Youth and Family Counseling Service
Diane	Hewitt	Lisle Township
Scott	Kaufmann	DuPage County Health Department
Amy	Kennaugh	Mind Body Neuro Therapy
Khadija	Khan	City of Wheaton
Meredith	Kober	NAMI DuPage
Winter	Lane	DuPage County Public Defender's Office
Jeff	Lata	DuPage County Health Department
Becky	McFarland	DuPage County Health Department
Gina	Menconi	DuPage Probation & Court Services
Dana	Pavlu	Northeast DuPage Family and Youth Services
Alex	Pulaski	DuPage County Health Department
Daniel	Riemenschneider	Bloomington Church
Brittany	Ringo	Streamwood Behavioral Health Hospital
Lisa	Rose	Lisle Township
Amy	Schroeder	Metropolitan Family Services
Jeri	Shaw	DuPage United
Xochitl	Soto	YWCA
Danny	Sourbis	DuPage ROSC
Mila	Tsagalis	DuPage County Health Department
Jennifer	Watgen	Kuhn Counseling Center, P.C.

Lanny	Wilson	DuPage County Board of Health
Eva	Zeidner	Thresholds Emerging Adult Program

**Welcome**

The meeting began at 8:33am.

**Zero Suicide Implementation**

- Betsy Boesch from the DuPage County Health Department presented on the implementation of the Zero Suicide framework at DCHD over the past two years. After sending out a survey to all staff, the internal ZS committee worked through how to develop training and messaging for staff. This resulted in training for all staff based on their level of need for detailed intervention information, documenting risk assessment results, changing internal policies, and establishing a standardized suicide screening protocol.
- Betsy Boesch shared that as we close out the year, they are more focused on shifting gears toward the clinical staff that has a role on the safety planning process and looking where training and more consistency is needed. Betsy shared that her group would evaluate the efforts and continue to do so as they move forward. Betsy said to please reach out to her if you are more interested in Zero Suicide and what it is or have any questions. There was also discussion that the half day training was very beneficial even for those who are not directly related to mental health in our organization. Betsy shared that it has been amazing how many people are more comfortable having the conversation on suicide and recognizing common warning signs and knowing what to say to those who may be struggling and how to refer someone to resources.
- Brittany Ringo from the Streamwood Behavioral Health Hospital shared that it is one of the largest healthcare corporations in the world and shared that they are a big partner of Zero Suicide and are in the beginning phases of implementing the triage level risk assessments training for the school districts. She shared that she is a huge advocate and is happy to bring it to Streamwood.
- Victoria Freier from Linden Oaks Behavioral Health shared that they have also been involved with implementing Zero Suicide. She said that she is leading the committee which focuses on merging all five Northshore Hospitals. She said that they are consistently improving outcomes and doing things better.

**2023-2025 BHC Action Plan**

- Scott shared the overall goals and objectives which focused on Mental Health Crisis Response, Youth Mental Health, Co-occurring Mental Health and Substance Use, and Continued Organizational Growth. He also shared a detailed action plan for the next 3 years split up by quarters. Everyone will be able to track the progress of this plan through the Progress Tracker on the BHC webpage.
- Scott shared that there will be three new subcommittees that everyone in the meeting is invited to join and participate in. He will share a survey with BHC members early in 2023 to seek

participants in each of the three subcommittees. Any questions about the subcommittees or the action plan can be forwarded to Scott Kaufmann ([scott.kaufmann@dupagehealth.org](mailto:scott.kaufmann@dupagehealth.org)).

### **BHC Priority Area Updates**

- Zero Suicide
  - Kathy Carey shared that there was a presentation by Officer Thomas Wronski from Naperville Park PD. She shared that he will be coming to present to BHC early next year. She also shared that her mental health crisis flyer was an objective of the subcommittee and now displayed around the community. The flyer is available in English and Spanish and will be shared along with these minutes. Finally, Kathy explained that the subcommittee agreed to wrap up and no longer meet because it needs to be represented by all subcommittees.
- September MHJ Summit
  - Law enforcement and other first responders were invited to the Mental Health and Justice Crisis Response Summit to learn about how to best help people during a crisis and working through limitations and obstacles. The goals identified at the Summit are:
    - Develop a CRC within our community
    - Increase communication about and within the Crisis Response System
- CESSA
  - Lori Carnahan shared that CESSA is directly connected to the crisis response goal. CESSA is a law that requires 911 to coordinate with mobile mental health response services which are being developed by Illinois Department of Mental Health. Lori shared that this will allow people access to mental health response without having to call 911 each time. CESSA has very strong foundation at the state level, and they have set up a statewide advisory committee. The goal is for regional committees to take state recommendations and implement them into our communities. Lori shared a webpage that goes into more detail of CESSA: [IDHS: Community Emergency Services and Supports Act \(CESSA\) FAQ \(state.il.us\)](#)

### **Questions & Other Community Efforts**

- Diane Hewitt shared that mental health boards were approved in Lisle, Naperville, and Addison Townships. There will be an opportunity to serve as an appointee if you are a resident of any of these townships. If you are interested in participating in Lisle Township, fill out the application and send your Resume or CV to [supervisor@lisletownship.com](mailto:supervisor@lisletownship.com). [708 Lisle Township Mental Health Board Application \(google.com\)](#).
- Jarrett Burton shared that DuPage ROSC is part of a subcommittee which has people who work in substance use disorder and mental health. If you or anyone you know is looking for services or treatment (residential, outpatient) please reach out to Jarrett at [jarrett.burton@serenityhouse.com](mailto:jarrett.burton@serenityhouse.com) Jarrett also shared that there will be a DuPage ROSC Holiday Party on Wednesday, December 14<sup>th</sup> from 3-5pm at Serenity House (891 S Rohlwing Rd. Addison). The event will also be used for a coat drive. Donate new or gently used coats of all sizes. They will be donated to People's Resource Center.

- Daniel Riemenschneider from the Bloomingdale Church shared about the process of launching a new community center. Daniel also shared that he received two different grants from the Bloomingdale Township Mental Health Board. The first one will focus on youth mental health first aid training for Bloomingdale residents specifically focused on people who work with youth. The second grant will focus on starting a director level peer group for those who are directors and service providers in Bloomingdale Township.
- Eva Zeidner from the Thresholds Emerging Adults Program shared that there are openings in Westmont for Community Support Services for 18-to-26-year olds who are struggling with persistent mental health needs. There are also some openings for the early psychosis program if anyone is interested. Eva shared that she is looking to connect with someone from the Mental Health Board or MICAP to share extra information and see how the organizations may be able to help each other. Please contact Eva at [eva.zeidner@thresholds.org](mailto:eva.zeidner@thresholds.org).
- Molly Beck Dean from WeGo Together for Kids is looking to schedule 3-4 Youth Mental health First Aid Trainings for partner organizations beginning in early 2023. Molly mentioned that she has been having trouble finding trainers and that at least one session needs to be in Spanish. If you have any information and would like to reach out her email is [beckdeanm@metrofamily.org](mailto:beckdeanm@metrofamily.org)
- Care Con at the Addison Library 2/18 from 1-4pm. This is an opportunity to share and learn about mental health and wellness. Everyone is welcome to come out. If interested, please reach out to Rachel Kaiser from the Addison Public Library at [Kaiser@addisonlibrary.org](mailto:Kaiser@addisonlibrary.org)

The next BHC Meeting will be on March 9, 2023, at 8:30am. It is planned to be in person in the Linda A. Kurzawa Community Center. Registration for the meeting is available [here](#).

The meeting concluded at 9:58am.