

BHC Action Plan Objectives 2023-25

2023	2024	2025
Q1 <ul style="list-style-type: none"> Share actionable ways to implement Zero Suicide framework within local health system 	Q1	Q1 <ul style="list-style-type: none"> Distribute survey to BHC partners for input on progress towards objectives, perspectives on current state, and BHC future direction
Q2 <ul style="list-style-type: none"> Identify ways to grow active participation in BHC 	Q2	Q2 <ul style="list-style-type: none"> Create joint committee with Prevention Leadership Team devoted to youth suicide prevention
Q3 <ul style="list-style-type: none"> Gather baseline understanding of local current state of treatment for co-occurring disorders Identify most pressing impacts on youth mental health locally, statewide, and nationwide 	Q3 <ul style="list-style-type: none"> Continue improving connections to treatment for detainees leaving DuPage County Correctional Facility 	Q3 <ul style="list-style-type: none"> Review the relevant results from IPLAN assessment reports Evaluate direction for BHC's focus area
Q4 <ul style="list-style-type: none"> Grow local understanding of purposes for using 988 and other crisis resources Explore current usage of crisis resources by youth and improve messaging Develop local resource lists for major regions of DuPage Evaluate BHC subcommittees 	Q4 <ul style="list-style-type: none"> Partner with local organizations in support of a Central Receiving Center in DuPage County Evaluate BHC subcommittees 	Q4 <ul style="list-style-type: none"> Increase usage of substance use screening tools during initial visits for mental health providers Increase usage of mental health screening tools during initial visits for substance use providers Approve three-year BHC Action Plan (2026-28) Evaluate BHC subcommittees

Goal 1: Raise community awareness of available options for mental health crisis response

- Q1 2023 – Share actionable ways to implement Zero Suicide framework within local health system
- Q4 2023 – Grow local understanding of purposes for using 988 and other crisis resources
- Q3 2024 – Continue improving connections to treatment for detainees leaving DuPage County Correctional Facility
- Q4 2024 – Partner with local organizations in support of a Central Receiving Center in DuPage County

Goal 2: Strengthen the youth mental health services system in DuPage County

- Q4 2023 – Identify most pressing impacts on youth mental health locally, statewide, and nationwide
- Q4 2023 – Explore current usage of crisis resources by youth and improve messaging
- Q2 2025 – Create joint committee with Prevention Leadership Team devoted to youth suicide prevention

Goal 3: Improve the coordination of co-occurring mental health and substance use disorder treatment throughout the County

- Q3 2023 – Gather baseline understanding of local current state of treatment for co-occurring disorders
- Q4 2025 – Increase usage of substance use screening tools during initial visits for mental health providers
- Q4 2025 – Increase usage of mental health screening tools during initial visits for substance use providers

Goal 4: Support continued growth of the Behavioral Health Collaborative's organizational health

- Q2 2023 – Identify ways to grow active participation in BHC (subcommittees, short term projects, events)
- Q4 2023 – Develop local resource lists for major regions of DuPage
- Q1 2025 – Distribute survey to BHC partners for input on progress towards objectives, perspectives on current state, and BHC future direction

- Q4 2023, 2024, 2025 – Evaluate need for change in BHC subcommittees
- Q3 2025 – Review the relevant results from IPLAN assessment reports
- Q3 2025 – Evaluate direction for BHC’s focus area
- Q4 2025 – Approve three-year BHC action plan (2026-28)

Goal 1: Raise community awareness of available options for mental health crisis response

Objective 1.1: Share actionable ways to implement Zero Suicide framework within local health system

- Present to BHC the progress of Zero Suicide implementation at various BHC partners
- Share best practices for ZS implementation from subcommittee members

Objective 1.2: Grow local understanding of purposes for using 988 and other crisis resources

- Provide one-year data from DuPage 988 calls and compare to pre-988 rollout
- Create brief presentation and handout to illustrate how various crisis resources (988, Crisis Text Line, DuPage Crisis Line, Mobile Crisis Response) operate in DuPage County and what to expect from the services
- Identify areas with highest mental health hospitalization rates and provide crisis resource presentations and other information as necessary (media campaigns, flyers, etc.) to members of those communities

Objective 1.3: Continue improving connections to treatment for detainees leaving DuPage County Correctional Facility

- Identify ways to track outcomes of mental health referrals upon reentry
- Partner with DCCF staff to create list of services and data that would be made possible through an electronic medical record
- Create processes to ensure that detainees leaving DCCF and displaying acute mental health and substance use needs are effectively connected to crisis services upon release

Objective 1.4: Partner with local organizations in support of a Central Receiving Center in DuPage County

- Conduct CRC informational meeting for crisis response system members
- Develop info sheet on need for CRC in DuPage and basic features of a potential center
- Provide education and resources to community providers and residents as CRC is being developed
- Review pertinent utilization of mental health crisis services and share CRC plans specifically with municipalities that utilize mental health crisis services most frequently

Goal 2: Strengthen the youth mental health services system in DuPage County

Objective 2.1: Identify the most pressing impacts on youth mental health locally, statewide, and nationwide

- Review relevant Illinois Youth Survey, Impact DuPage, Behavioral Risk Factor Surveillance Survey, and other data sources to create list of highest priorities for youth mental health
- Conduct focus groups with local students and inquire about mental health challenges, especially with respect to COVID-19 and post-pandemic issues
- Identify any disparities (gender, race, sexual orientation, religion, geography, etc.) with regards to youth mental health hospitalization and focus outreach efforts towards any groups experiencing disproportionate burden

Objective 2.2: Explore existing usage and availability of crisis resources and mental health treatment for youth to improve accessibility

- Review any available data or explore opportunities to gather improved data from Crisis Text Line, DuPage Crisis Line, and 988 about youth (under 18) usage
- Conduct focus groups with middle and high school students and inquire about which resources they know about and which they would be likely to use
- Make recommendations to school administrations about ideal resources to point students of each age range towards and in which situations to use them
- Support the overall system of care for youth mental health to ensure high quality, easily accessible mental health treatment available in DuPage

Objective 2.3: Create joint committee with Prevention Leadership Team devoted to youth suicide prevention

- Discuss with PLT leadership the priorities identified in Obj 2.1 and determine if there already exists a group working on those issues
- Review trends in suicide deaths and any available hospital data on suicide attempts by individuals under the age of 18
- Form or join existing group with the goal to prevent suicide deaths by individuals under the age of 18
- Assist in encouraging widespread participation in Illinois Youth Survey in 2024, with specific outreach to areas with highest rates of youth mental health hospitalization

Goal 3: Improve the coordination of co-occurring mental health and substance use disorder treatment throughout the County

Objective 3.1: Gather baseline understanding of local current state of treatment for co-occurring disorders

- Review available data to learn about existing disparities that exist locally in the availability and access of mental health and substance use disorder treatment in DuPage
- Meet with DuPage's Recovery Oriented System of Care (ROSC) and identify barriers to accessing existing co-occurring services
- Meet with specialty court representatives to identify barriers to accessing existing co-occurring services
- Create subcommittee focused on co-occurring substance use disorder/mental illness treatment coordination
- Share findings with representatives from the DuPage County Heroin/Opioid Prevention and Education (HOPE) Taskforce

Objective 3.2: Increase usage of substance use screening tools during initial visits for mental health providers

- Create baseline survey for hospital reps to report current level (if any) of existing SUD screening during mental health visits
- Discuss with BHC hospital representatives about potential for SUD screening in mental health and PCP visits
- Create guide for mental health treatment providers to administer SUD screens and what to do with the results
- Send same survey at end of 2025 to measure whether SUD screening has changed during mental health visits

Objective 3.3: Increase usage of mental health screening tools during initial visits for substance use providers

- Create baseline survey for hospital reps to report current level (if any) of existing MH screening during substance use visits
- Discuss with BHC hospital representatives about potential for MH screening in substance use and PCP visits
- Create guide for substance use disorder treatment providers to administer MH screens and what to do with the results
- Send same survey at end of 2025 to measure whether MH screening has changed during substance use visits

Goal 4: Support continued growth of the Behavioral Health Collaborative's organizational health

Objective 4.1: Identify ways to grow active participation in BHC (subcommittees, short term projects, events)

- Create active membership list (attendance at 2 or more meetings in past calendar year)
- Code members by sectors and identify sectors not represented
- Present results to Executive Committee and BHC meeting to brainstorm potential new partners
- Create action-oriented goals for subcommittees to work towards

Objective 4.2: Develop local resource lists for major regions of DuPage

- Create list of distinct "regions"
- Review existing resource lists (211, DuPage CRIS, SAMHSA Treatment Locator, etc.)
- Identify known local and countywide services within each region
- Reach out to 211 management partner organizations within those regions to add/edit list

Objective 4.3: Distribute survey to BHC partners for input on progress towards objectives, perspectives on current state, and BHC future direction

- Executive Committee creates "wish list" of items for feedback from BHC members
- Distribute survey to BHC members for minimum of 60 days
- Analyze survey results and share at Executive Committee and full BHC meetings

Objective 4.4: Review community partnerships and find new opportunities for connections

- Schedule time during Q4 full BHC meetings and Executive Committee meetings to summarize progress to date on subcommittee objectives and work left to be done
- Identify new potential topics for focus that could be served by a dedicated subcommittee

Objective 4.5: Review the relevant results from IPLAN assessment reports

- Participate in Impact DuPage Forces of Change assessment during Q1 2025 BHC meeting
- When published, present mental health data to full BHC
- Meet with Impact DuPage representatives to compare with previous IPLAN results
- Use prioritization results to find ways to align BHC and Impact DuPage objectives

Objective 4.6: Evaluate direction for BHC's focus area

- Review progress to date on existing objectives for the focus areas of crisis response, youth mental health, and co-occurring substance use disorder and mental illness
- Brainstorm potential new focus areas during full BHC meeting and Executive Committee meeting
- Prioritize potential options and select three-year focus area

Objective 4.7: Approve three-year BHC action plan (2026-28)

- Brainstorm objectives for new focus area during full BHC meeting and Executive Committee meeting
- Organize objectives within different goals to be specifically addressed by new subcommittees
- Draft objectives on three-year timeline and present draft timeline to full BHC and Executive Committee
- Use feedback to alter objectives and present full action plan with associated activities to BHC Executive Committee to vote for approval