



## Behavioral Health Collaborative Meeting Minutes

June 9, 2022

8:30 a.m. – 10:00 a.m.

### BHC Members Present:

First Name:	Last Name:	Organization:
Nansi	Angelopoulos	DuPage Public Defender's Office
Scott	Austgen	DuPagePads
Kristy	Bassett	Edward Hines Jr. VA Hospital
Sheryl	Bates	Linden Oaks Edward Elmhurst
Katrina	Baugh	Radical Hospitality Ministries
Lori	Carnahan	DuPage County Health Department
Mike	Drugan	DuPage County Sheriff's Office
Shannon	Hartnett	Northeast DuPage Family and Youth Services
Bonnie	Hassan	Trinity Services, Inc
Chris	Hoff	DuPage County Health Department
Scott	Kaufmann	DuPage County Health Department
Khadija	Khan	City of Wheaton
Winter	Lane	DuPage County Public Defender's Office
Jeff	Lata	DuPage County Health Department
Katherine	Layden	YWCA Metropolitan Chicago
Paul	Marchese	18th Judicial Circuit Court
Becky	McFarland	DuPage County Health Department
Danielle	Muehlfelt	Student Observer (Sheriff's Office)
Cari	Pellegrini	DuPage United
John	Putnam	DuPage County Sheriff's Office
Jo Anna	Romero	Hamdard Health
Jeri	Shaw	DuPage United
Lisa	Snipes	DuPage County Continuum of Care
Suzanne	Snyder	Access Community Health Network
Mila	Tsagalis	DuPage County Health Department
Jenni	Watgen	Kuhn Counseling Center, P.C.
Lanny	Wilson	DuPage County Board of Health
Scott	Wuggazer	School District 99
Eva	Zeidner	Thresholds Emerging Adult Program

### Welcome

Scott Kaufmann began the virtual meeting at 8:31am.

## Impact DuPage Assessments

Becky McFarland from Impact DuPage provided an overview of the Impact DuPage assessment process. The assessments were completed during the fall and winter of 2021/22. Reports from the assessments can be found [here](#). Descriptions of each assessment and summaries of relevant findings are below:

- Forces of Change (small group discussions about the forces impacting the health of DuPage in the short and long term)
  - Mental health and substance use were commonly discussed, including difficulty accessing care, stigma around both, and changes in the way telehealth is delivered
  - Technology and social media use are also impacting the mental health of youth, especially during and since the COVID-19 pandemic
- Landscape Review (survey available electronically to all who live and work in DuPage and also shared by dozens of partners; 1,099 survey responses were received)
  - Mental Health Issues (54%) was listed as by far the top answer to “What do you think are the three most important health concerns in DuPage County?” The next highest answer was 27%.
  - Mental Health Treatment (37%) was the top answer to “Where should the community focus its attention to make things better in DuPage County?”
- The Local Public Health System Assessment (community leaders rank and discuss how DuPage is across the ten essential public health services) and the Community Profile (list of statistics like rates of disease, birth rates, etc) did not have clear takeaways regarding mental health for the BHC

Based on these results, the Impact DuPage Steering Committee has prioritized “Mental Health & Substance Use Disorder” and “Prevention and Management of Serious Illness” as the two main focus areas for its action plan, with both “Person-Centered Care Delivery” and “Achieving Equity” as cross-cutting issues to incorporate to the action plan across all projects. The BHC will partner with Impact DuPage again and work to help advance the Mental Health & Substance Use priority during the next three years.

## 2023-25 Action Plan

Scott Kaufmann shared progress made towards the current 2020-22 Action Plan objectives. The Progress Tracker on the [BHC webpage](#) is the easiest way to stay in the know about how we are progressing towards these objectives between each meeting.

1. Develop understanding of mental health needs that could be served by a potential central receiving center
  - Add additional participant PDs to mobile crisis pilot (5 total)
    - Completed
  - Analyze mental health coding data at Sheriff’s Office and municipal police departments
    - In progress (waiting for Sheriff’s Office to receive access to compile countywide data)
  - Train 160 total EMS personnel in specialized EMS Mental Health First Aid
    - In progress (training new MHFA trainers now, will hold more EMS MHFA trainings later this year)
2. Improve processes for connecting individuals leaving the DuPage County Correctional Center to mental health treatment
  - Implement mental health and substance use screening tools at DCCC
    - Completed

- Use mental health screening tool to establish baseline mental health needs at DCCC
    - Completed
  - Initiate Jail Data Link at DCCC
    - In progress (participation agreement documents being reviewed from legal teams before signing and submitting to State of IL)
  - Explore solution-based housing support
    - In progress (workgroup met until onset of COVID-19 pandemic; working now to package findings and share with housing partners later this year)
  - Develop long term plan for DCCC data reporting/sharing
    - Completed
3. Support continued growth of the Behavioral Health Collaborative's organizational health
- Evaluate need for change in BHC subcommittees annually
    - Completed in 2020 & 2021, will complete in November for 2022
  - Review the relevant results from IPLAN assessment reports
    - Completed
  - Evaluate direction for BHC's focus area
    - Completed
  - Approve three-year BHC action plan (2023-25)
    - In progress (will continue developing action plan until approved in late 2022)

In May, the BHC Executive Committee met to review the Impact DuPage assessment results, progress towards current goals, and determine the direction for the next action plan. During this meeting, the Executive Committee agreed to broaden BHC's focus area to improve the current behavioral health system in DuPage County through better coordination among members of that system. This will include a focus on youth mental health, co-occurring mental health and substance use disorders, and mental health crisis response. We will still continue to work on justice-related projects like the central receiving center, we are just adding other priorities given the changed landscape of mental health in DuPage since the COVID-19 pandemic began. The new focus will allow for the BHC to have opportunities for everyone to participate in subcommittees and projects, since it is no longer solely focused on justice-involved programs.

Scott K then opened up to the rest of the BHC to discuss what they would like to see as potential projects or focuses of the next action plan. Responses include:

- More education on available MH treatment for those with private insurance
- Working with members of the mental health court system about the other parts of that continuum
- Learning about how adverse childhood experiences can impact the mental health of children later on, and working to identify and prevent ACEs
- Continue working with the Sheriff's Office to assist people with mental illness that enter and leave DCCC

More details about the action plan will be identified and shared as it is developed during the rest of this year.

The timeline for completion is:

- May-Aug: Brainstorm and organize BHC objectives
- August: Present proposed objectives to BHC Executive Committee
- September: Present proposed objectives to BHC
- Sept-Nov: Modify and expand objectives with associated activities

- November: Present draft BHC Action Plan to BHC Executive Committee & vote
  - Follow-up meetings if necessary
- December: Present BHC Action Plan to full BHC

### **BHC Project Updates**

The Zero Suicide Subcommittee has four new members, coming from Linden Oaks/EEH, Northwestern Medicine, and NAMI DuPage. The subcommittee is reviewing a draft of the infographic detailed at the March BHC meeting, first as a one page flyer and then as a business card. Materials, once ready, will be widely distributed and freely available for members of the BHC. Those interested in hosting a link to the [Mental Health Resources page](#) can reach out to Scott Kaufmann ([scott.kaufmann@dupagehealth.org](mailto:scott.kaufmann@dupagehealth.org)) to learn about how to get it added to their website.

The DuPage Prevention Leadership Team is hosting two events and information is listed below and flyers will be included along with the minutes from this meeting. Both events are free to attend, but registration is required.

- Teen Mental Health & Substance Use Trends – Wednesday, June 22
  - Half day event 8:00a to 11:30a
  - Keynote & Panel Discussion
  - COD Health Science Center (425 Fawell Blvd, Glen Ellyn)
  - Register here: <https://bit.ly/3NOTVmu>
- Motivational Interviewing Workshop – Friday, June 24
  - Full day training, CME/CEU credits available
  - Linda A. Kurzawa Community Center (115 N County Farm Rd, Wheaton)
  - Register here: <https://bit.ly/3Pc35uD>

Lori Carnahan shared that the 988 crisis line will officially go live on July 16<sup>th</sup>. The line will field calls, text messages, and chats once operational. The previous NSPL number (800-273-8255) will still work even after 988 goes live. During the coming months, messaging will be shared with partners and the general public so that there is more awareness of the new resource. We will share messaging with BHC once available.

The DuPage County HOPE Taskforce has announced another funding opportunity to address the opioid crisis in DuPage County. Areas of interest for this funding cycle include reducing access to drugs, reducing opioid use and misuse, overdose response and prevention (including harm reduction), treatment and recovery, and substance use prevention and education. The total funding available is \$87,000. Grant awards are expected be between \$10,000 and \$50,000, however the Taskforce will review applications for less than this range. Applications are due no later than 12:00pm noon CT on Thursday, June 30, 2022. For more information about the funding opportunity, please see this page: <https://www.hopedupage.org/197/Taskforce-Funding-Opportunity>.

Crisis Intervention Team training classes will resume in September for the DuPage County Sheriff's Office. To date, 920 officers have completed CIT training across 46 total classes.

### **Questions & Other Community Efforts**

Anyone that is interested in sharing an event or project can do so by emailing Scott Kaufmann ([scott.kaufmann@dupagehealth.org](mailto:scott.kaufmann@dupagehealth.org)) in order to feature it in the next BHC Newsletter or as an email to all BHC members.

The next BHC meeting will be on Thursday, September 8<sup>th</sup> at 8:30am. Those that are interested in attending should [register here](#). The meeting concluded at 9:59am.