



BHC
BEHAVIORAL HEALTH COLLABORATIVE



Next Meeting

Thursday, March 17th, 2022

[Click Here to Register](#)

February 2022

NEWSLETTER

BHC March Meeting

We will have a virtual meeting via Zoom on Thursday, March 17th at 8:30am. As always, please register beforehand if you plan to attend, the registration link can be found [here](#). Once you register, you will receive a link to access the meeting. At this meeting we will discuss recent legislation regarding mental health incident responses, as well as behavioral health projects and upcoming events. We want everyone to share anything they have coming up and if you have flyers or event links, you can send them to Scott Kaufmann before the meeting. We look forward to seeing you next month!



Continued Growth for Roselle PD Social Worker Program

Roselle Police Department is continuing its support of their police social worker program to help with their crisis response programs. Colleen Martinez first began in June 2019 as a part-time Counselor through an agreement between the Health Department and Roselle PD. Whether it's providing referrals to families involved in a crisis, assisting with referrals to mental health assistance, or responding alongside officers during an incident, Colleen has worked to assist the Roselle community in innumerable ways. She has become a go-to for officers that need assistance to provide the most timely and effective resources to

residents. Because her work quickly proved to be a great aid to officers and residents alike, Colleen began working full-time with Roselle PD at the beginning of 2020. Now, the department is looking for a second full-time Counselor to grow the program even more.



Reality Illinois

Reality Illinois is the Teen Advisory Panel to the DuPage County Health Department and the [DuPage County Prevention Leadership Team \(PLT\)](#). Reality meets monthly during the school year and weekly throughout the summer to discuss ways to make their local communities healthier for their peers to thrive. Mental health awareness, substance use prevention and advocacy are among the topics Reality focuses on. Reality teens have successfully advocated for many prevention policies throughout DuPage including, smoke-free parks, limiting marijuana businesses, tobacco 21 and shining a light on youth mental health issues. Reality teens also hear from guest speakers throughout the year on topics such as mental health, safe driving, drug use, nutrition and more. If your high school aged teen is looking for a way to make a difference in their community, hone their advocacy and leadership skill and make new friends, Reality is the group to join! For more information and to view the meeting schedule, visit www.dupageplt.org/Reality or contact Gilda Ross, Glenbard District 87 student and community projects coordinator, at gilda_ross@glenbard.org or 630-942-7668.



Sharing the Mental Health Resources Page

As shared at our previous BHC meeting, the Zero Suicide subcommittee has created a [webpage](#) with select resources to assist anyone having a mental health crisis or contemplating suicide. While there are already other great resource lists available, the subcommittee developed a streamlined list of crisis mental health resources and included information as to what each resource can assist with.

In order to ensure crisis resources are easily accessible to someone in need, we are asking BHC members and community partners to share a link to this page on their websites in order to reach an individual that may be looking for help. We're seeking for the resources to be shared widely and need the support of all community organizations in this effort.

If you know a community group or organization that may be willing to host a link on their website, we have a few different ways to do so:

- They could simply ask their web administrator to insert a weblink to the URL (<https://www.dupagehealth.org/703/Mental-Health-Resources>) on their site, though this can sometimes be missed by someone who is in crisis.

IN CRISIS? NEED HELP?

**Click here for
24/7 resources**

**¿ESTÁ EN UNA CRISIS?
¿NECESITA AYUDA?**

**Haga clic aquí para acceder a
recursos disponibles 24/7**

- There is a web button graphic (available in English and Spanish) that can be hyperlinked and inserted into the webpage. Instructions on adding the button are included with this email.
- Also available is a QR code that directs to the page and can be inserted anywhere, especially on physical resources like flyers and info sheets.

Any questions about the Mental Health Resources page from you or your community partners can be directed to Scott Kaufmann (scott.kaufmann@dupagehealth.org)

Do you have an event, program, or achievement that you'd like to share with the BHC? Send an email to scott.kaufmann@dupagehealth.org and we can include it in our next newsletter or feature it at our next meeting!