

Feb. 26, 2008

News media calls to David Hass at (630) 682-7979, ext. 7374.

## **DuPage County Health Department sponsors classes in March for parents of children ages one to four**

*Is parenting tougher than you thought?*

The DuPage County Health Department is sponsoring a three-night series of parenting classes on Mondays in March for families with children ages one to four.

This class covers many of the challenges of being parents, including discipline, routines to make life easier, childproofing the home and suggestions for parents to take care of themselves.

The March classes are scheduled from 7 p.m. to 8:30 p.m. on March 17, 24 and 31. All classes scheduled at the DuPage County Health Department, 111 N. County Farm Road, Wheaton.

Call (630) 682-7400 to register. The cost is \$20 and that includes a workbook. Another series of classes is being planned for April.

*“We promote health, prevent illness, and provide quality service”*