

# Back to School Health Requirements

School Physicals and Immunizations are two important parts of getting ready to go back to school. As your children head back to school please keep in mind the following information:

## School Physicals or the Child Health Examination

- The Child Health Examination is required for children entering Kindergarten or First Grade, 5<sup>th</sup> Grade, and 9<sup>th</sup> Grade
- The School Physical provides an important overall assessment of a child's health. It also includes screening for lead poisoning, obesity and diabetes, and other health conditions as determined by a health care provider.
- The two-sided Child Health Exam form from the Illinois Department of Human Services should be completed by a healthcare provider (a physician, advanced practice nurse or physician assistant) during their school physical appointment.
- Parents/guardians should complete the Medical History section (top of second or back page) and sign that section. The doctor will then look over that information when they complete the physical form.
- The Child Health Exam must have been conducted within one year of the submission for each required grade.
- For children needing a Sports Physical in Kindergarten or First Grade, 5<sup>th</sup> Grade or 9<sup>th</sup> Grade- the Child Health Examination may be accepted as proof of examination if the health care provider completes the statement regarding participation in interscholastic sports (on the bottom of the second or back page).

## Immunizations

- Immunization records must be submitted to your child's school. Immunizations can be entered by your healthcare provider on the top part of page one of the Child Health Exam.
- Each school will review the records and determine if there are any missing immunizations or deficiencies. If you have questions about what immunizations are required for school or preschool call your health care provider or the Health Department.
- For general information about immunizations or immunization requirements call the DuPage County Health Department: at 630-682-7400 or visit the IDPH website at: <http://www.idph.state.il.us/about/pgci.htm>

Check with your school for information about due dates, forms, and other health requirements.

For More information about where to get a school physical or the school health requirements call The DuPage County Health Department at 630-682-7400.